Services (9 cuadritos) En este orden

Dental Exams and X-Rays

The exams and X- Rays are to evaluate your overall health and oral hygiene and any other consultation.

Dental Fillings

The dental resin is the treatment performed by dentists, in which a tooth is filled after performing a thorough cleaning of the hole caused by caries.

Dental cleaning

Dental cleaning is about the elimination of bacterial plaque, tartar, and stains that lodge in the teeth or below the gums, by cleaning, disinfecting and polishing.

Scaling and Root Planing

Scaling and root planing (sometimes called “deep cleaning”) is the most common procedure for treating periodontitis, or gum disease.

Dental Whitening

Dental whitening is the procedure where the patient is given a gel of carbamide peroxides that clean the tooth from inside of it and that is activated by a cold LED light that serves to increase the whitening power.

Dental Crowns

A dental crown (or a bridge, which are several crowns) is a fixed prosthesis that we place on a tooth to reconstruct its aesthetics and protect the tooth in the oral activity.

Root Canal Treatment

Root Canal Treatment is a dental procedure that removes the nerve or dental pulp of the tooth. This is often required when the nerve of a tooth has been damaged.

Orthodontics

Orthodontic treatment not only improves the look of your smile but your health as well.

Removable Dentures

Dentist recommends dentures when the patient needs to replace tooth loss. Is important for the patient to recover his teeth to have a normal life and avoid quality life loss.

# Your smile is the ultimate golden dream

Believe it or not, smiling makes you happier, and it’s good for your overall health. We often smile more when we are happy, but smile less when we’re feeling down, hurt, sad, and unhappy – that’s no doubt.

Smiling during unpleasant situations makes it easier for us to move forward. The benefits of smiling are too many, it helps us to improve our overall mood and lowers our stress level.

So, whenever you’re facing some difficulties in life, don’t forget to smile and be happy – that will get the job done – for certain. And if you feel uncomfortable with your Smile, let me help you with that, you will have no reasons to show your teeth to the world.

# Meet Dr. Carlos

My name is Carlos Rodríguez Arce, I am a Surgeon-Dentist graduated from the University of Costa Rica. I will be providing dental services for all kinds of people in the zone of Santa Teresa in Puntarenas, Costa Rica. I am here to serve you with any questions and concerns.

The dentistry market has changed with the years and trends in it as well. The current concepts used in dentistry seek to offer the patient new treatment options, mostly less invasive and more convenient, in order to include the patient in making decisions about what they want to achieve.

My education at the University of Costa Rica has allowed me to know many different techniques to validate the principles of modern dentistry and provide the patient with different diagnosis and treatment alternatives, always with quality and also the respectful and humanitarian treatment towards the patients that have characterized me. I’m here to help you, come with me and get a tropical smile, contact me!

Formation

Degree in Dentistry and Oral Surgery at the University of Costa Rica

Emphasis on the treatment of Periodontal diseases

English Spoken

# Our Work Paradise

Santa Teresa, Costa Rica is all about relaxing and surfing. From beach-side hammock hotels that serves backpacking surfers, to wealthy California surfers living the good life, Santa Teresa has them all. If you’re coming to Santa Teresa, you’re here to enjoy a tropical Paradise, with an extensive gastronomic and hotel offer, nice places to check and stay, clubs where you can have fun and enjoy the nights, health services, and surf or at least enjoy the waves.

Unlike the Malpais beaches at the south of the crossroads, Santa Teresa has mostly white sand beaches, with great beach breaks almost everywhere. There’s also a world-class point break called “Suck Rock”, which occasionally gets ridable waves up to 20 feet high.

Santa Teresa’s foreign population is very international, with beach lovers from all over the world that leaves its marks on the place, and it is something that you can see in the culture. There are many amazing restaurants and a few world-class boutiques. Movie stars and other celebrities are frequently spotted walking along the beaches. In the last few years, several successful small art galleries have appeared, such as Inspiration Gallery and Zwart Cafe/Gallery.

There’s a lot to do here. Besides surfing, there are two canopy tours (one in Malpais and another in Montezuma). Several yoga centers with beautiful ocean views or beachfront spots, such as Pranamar (located in Playa Hermosa), are very popular among the visitors. In fact, nearly every spot in Santa Teresa has a place to do yoga. Other popular activities include sailing, scuba diving, and sportfishing, ATV “quad” rentals, different kind of tours and a very attractive nightlife.